

June 2011

June is the sixth month of the year. Its astrological sign is Gemini, the Twins (May 21 – June 21), mutable-air sign ruled by Mercury. The month is named for Juno, the principal goddess of the Roman pantheon, and wife of Jupiter. She's the patroness of marriage and the well-being of woman. This is one reason why June is the most popular month for weddings. June brings the magic of midsummer – the summer solstice, longest day of the year. Summer is ripe now with bird song and the pleasant buzz of evening insects. The gentleness of spring has given way to the powerful heat of summer- the full moon of June is called the Strong Moon. Various cultures pay homage to sun gods this time of year. In some places summer is just getting started and the hottest months are yet to come, yet after the solstice we don't even notice the days beginning to get slightly shorter. This the time for enjoying the splendor of summer: playful picnics and hikes through the woods, long nights beneath the stars and tending gardens and flower beds. Roadsides are riot of color, and herbs such as St. Johns wort, vervain, and yarrow can be used in herbal amulets. This is the time of year to honor the fairies-leave offerings of ale, milk, fruit, or bread before cutting flowers or herbs and they may help your garden grow.



Note from Janine:

Welcome June! And what a great month it is. I've noticed a lot in May that we were all getting caught up in our daily lives. This is a good thing. However I have also noticed that many people were faced with a lot of core issues. And were forced to face the reality of how they are truly feeling. This is great! And of course very common during this wonderful shift we are currently in. However a lot of people (this includes myself) were also ignoring or overlooking the pain that we are still carrying around from our childhood, or the anger from an old romantic relationship, Or feelings of fear or victimhood from any sort of violence that we've experienced, we're not fully in possession of our power. We're literally giving our power away to these old experiences and wounds.

I'm not for the moment suggesting that you should tell yourself or anyone else that it's "okay" that you were mistreated. I am suggesting that you should forgive, because in essence, when we don't forgive, we're saying that someone or something else has power over us. Not only that they have power over us, but also that they have the power to diminish our power: "you did this to me, and because of you, I am forever damaged and weakened."

When we forgive, on the other hand, we're reclaiming this power. We're saying, "It's not okay that you did this, but my power is not diminished because of it. In fact, I'm even more powerful than I otherwise would have been, because I've found it in my heart to forgive you and to release myself from the power you seemed to have over me."

For many years, I've made a point of forgiving to the very best of my ability. Despite all that I've already forgiven, it seems to be a lifelong practice- but one that gets easier over the years, and one that is well worth the time and effort. Every time I let go of an old hurt, I'm flooded with feelings of happiness and joy as I feel my natural power come rushing back to me. I've also found that consciously releasing old patterns and wounds allowed me to actually go about my daily routines in a harmonious, confident way.

With that being said, enjoy your month of June, as it is a powerful month and has a lot to offer.

I am going to dedicate this month to fairies!!!!

As I mentioned early June is great month to get know about our fairies and how they can help us!!! And what a better way to celebrate the fairies is placing offerings in our gardens. We have several items to make that garden look great. And with a little fairy magic you can make your garden bloom so beautifully.



Whispers of Spring, Card number 51 from Amy Brown's faery wisdom deck

In the spring the world comes alive again with a rebirthing of color, sensation and sunlight. Not even the spring rains can keep our spirits dampened. It is a favorite time for the fairy folk! It is a time when they are busy helping nurture new plants and young creatures. There is so much for them to do. Visualize yourself on a bright spring day... just breathe in deeply of the fresh smell of spring. Feel how clean the air is and how crisp, with just the right touch of warmth. Smell the new blossoms that are blooming all around you. Feel the freedom of going outside without a jacket... or shoes if you choose. In spring there is a sense that all is possible. There is no shortage of hope. Spring is about growth. Bring spring into your life whenever you need it. If you have chosen this card it is a good omen of HOPE and POSITIVE GROWTH. What may have been stagnant now takes on a new fresh life. You start to see the other side of the coin. Things aren't so bad. There is something left to build on. Life is new and abundant and you are ready to start again. Have confidence in yourself and destiny. You are on the right t track. At this time you may be starting a new project, job or study. Enjoy the journey.

Affirmation:

I breathe the essence of Spring in my body.

I am energized and made ready for the next step of my journey.

I am filled with hope and I trust in my good.

All is right in my world.

So Be it



What's happening at Angels Embrace:

~ There is a tone of new items at the store! A lot of great gift ideas for father's day. ~

~ We are also offering 10% off total purchase when you come in to make a gift basket~

~ Feature readers are constantly coming in. watch the website for updates regarding feature readers; however you can book a reading at any time with Val and Sandra. ~

~ Some really great workshops are coming up, if you have any questions regarding the workshops, either pop by or give us a call. We are all happy to go through any questions you may have. ~

June Workshops

Goddess Circle (First Wheel)

Date: Wednesday, June 1, 2011

Time: 6:30-9:30

Cost: \$125.00

Facilitator: Cheryl Traxler, from Fire Goddess Rising
(Limited to Five Participants)

This is a FIVE-week workshop which runs every Wednesday Night for five weeks. Payment plan is available on a weekly basis if required.

Calling all Goddesses

Reconnect with your Authentic Self – Your inner Goddess. Join our Goddess circle every Wednesday for 5 weeks. We will explore a different Goddess through the teachings of the Medicine Wheel; working with the energies of each direction, you will learn how to call in your goddesses through meditation as well as ceremonies to invite your Inner Goddess out. A Medicine Wheel is a physical manifestation of Spiritual energy. It helps us with our "Vision," to see exactly where we are and in which areas we need to develop in order to realize and become our potentials. Connect with each other and the Goddesses in a safe and nurturing environment. All you need is a loving heart, your inner child, your desire for growth and comfortable clothes. Each course is offered throughout the year. The goddess wheels include 4 different wheels that last 5 weeks. It is recommended to take the classes in order.

New Moon Meditation

Date: Thursday, June 2, 2011

Time: 6:30-8:00

Cost: \$15.00

Facilitator: Janine Patterson

As the moon travels, learn what is best to ask for at this time to create the change you desire. This meditation is designed to allow more energy flow into your life to bring in more money, love, business, or relationships. With the help of the moon, and where it is positioned, the possibilities are endless. The fairies and angels are also eager to lend a helping hand for any issues that come up and need to heal away.

Feature Intuitive reader: Jody

Date: June 3, 2011

Time: 11:00am - 5:00pm

Please call the store for details

30min and 60min sessions available

Cost: 30mins for 40.00 and 60mins for \$75.00

Dog Reiki Sessions

Date: Saturday, June 4, 2011

Time: 12:00pm – 5:00pm

Cost: Donation to SPCA

Facilitator: Val Majeau

Reiki is an ancient form of energy healing. We are all a form of energy: people, animals, plants, rocks, everything! When energy flow is blocked it can cause physical, mental, emotional, sexual and spiritual issues.

Animals suffer from these blocks just like we do. They are sensitive to human moods and changes in their environment.

Reiki is an energy healing system whereby a connection with the Universal Source works with your pet's own inner resources to achieve balance.

Reiki is safe for any condition and can help other therapies work more effectively. Reiki addresses problems and healing on all levels: physical, mental, emotional, sexual and spiritual. It is non-invasive allowing your pet to take in as much or as little healing energy as they want.

Reiki is painless and will not cause harm. Energy healing can jump-start the bodies natural ability to heal itself, releases blocks and suppressed emotions.

Gardening with the Elementals

Date: June 4, 2011

Please call the store for details

Facilitator: Brian Oreel

I have always been Guided by the Elementals (Fairies Pixies Leprechauns and More) when it comes to Gardening which includes recycling and composting. In these days it is the highest of Priority to Honor Mother Earth/Father Sky and Get back to Our Grass roots. From Flower to Vegetable Gardening, Shade and Sun Gardens. What attracts the elementals and Strengthens Mother Earth Father Sky? More and More Organic and less and less chemicals. Join Me on a Fragrant and Sacred Journey of Discovering Our Roots.

Reiki Level 1

Dates: June 6th to 27th (4 evening classes)

Time: 6:30-9:00pm

Facilitator: Christina Workman

Reiki is a powerful yet gentle form of energy healing that anyone can learn. In Reiki 1 you will learn the history of Reiki and how to use Reiki for healing the self as well as others.

Goddess Meditation

Date: Tuesday, June 7, 2011

Time: 6:30-9:00pm

Cost: \$15.00

Facilitator: Cheryl Traxler, From Fire Goddess Rising

Durga - Hindu Goddess of Boundaries

Are you protecting yourself, your life, your time? Do you feel dumped on by others and give and give of yourself until there is nothing left for you? Establishing boundaries is an act of self-love, show yourself love by joining us for this Meditation.

Spirit Animal Meditation

Date: Thursday, June 9, 2011

Time: Noon – 1:00pm

Cost: \$25.00

Facilitator: Val Majeau

Animals, real and spirit, come to us for a number of different reasons. Sometimes they have a message for us regarding a particular situation we are dealing with. Other times they are with us for an extended period of time. Join us for this meditation to meet one or more of your animal guides.

How to Meditate

Date: Tuesday, June 14, 2011

Time: 6:30-9:00pm

Cost: \$25.00

Facilitator: Val Majeau

What is Meditation? What are the benefits? How do I Meditate?

Meditation is anything that brings us into the present, the "now" and keeps us there. There is no "one right way" to meditate. This class will explore what meditation is and how living our life grounded benefits us. You will also experience a guided meditation.

Feature Intuitive reader: Brian Oreel

Date: Saturday, June 18, 2011

Time: 12:00pm - 5:00pm

Please call the store for details

30min and 60min sessions available

Cost: 30mins for 40.00 and 60mins for \$75.00

Dog/person Meditation

Date: Saturday, June 18, 2011

Time: 10:00am – 11:00am

Cost: \$25.00

Relax with your "best friend" at this people and dog meditation. Bring a blanket to sit on the grass with your dog on leash while we doing a relaxing meditation that includes tummy rubs (for your dog!). Please keep all dogs outside - the meditation will be in the backyard - to avoid too much confusion in the store.

Reiki Share

Date: June 24, 2011

Time: 6:00-8:30pm

Cost: \$10.00

Facilitator: Christina Workman

Even Healers need healing! Whether you are a Reiki Master or a Reiki Student of any level. Whether you are looking to practice your new skills, give back to the Reiki community or just need a recharge. Join us as we take turns on the table receiving Reiki from the group.

Meet you Inner Goddess

Date: June 25, 2011

Time: 1:00pm – 4:00pm

Cost: \$45.00

Facilitator: Cheryl Traxler, From Fire Goddess Rising

Who owns your identity? If you are ready to step into your power and Meet your Inner Goddess. Join us for this informative afternoon. Meet your Inner Goddess through a drum journey, play, and laughter. What a great way to meet likeminded women

Akashic Records Readings

30 min Sessions

Date: Saturday, June 25, 2011

Time: 11:00am-5:00pm

Cost: \$45.00

Facilitator: Katherine Lundrigan

The Akashic Records are like the DNA of the Universe. They are the soul's journey over time, so every thought, word, and deed is registered in the Akashic Records. Each soul has it's own Akashic Record, and there are collective records of all souls or all journeys. The information in the Akashic Records helps us to bring our past, present and future into the "now". By accessing the Akashic Records we can identify and release anything that we have created that has become a block to our present realization of our oneness with God. Do you have addictive or reoccurring patterns? Not sure why you have the same relationships over & over? The Akashic Records hold the answers to these questions, and many more. Learn how to create "action" instead of "reaction" in your life today. (A list of questions should be brought to the session please)

Dog/person Meditation

Date: Saturday, June 26, 2011

Time: 1:00pm-2:00pm

Cost: \$25.00

Relax with your "best friend" at this people and dog meditation. Bring a blanket to sit on the grass with your dog on leash while we doing a relaxing meditation that includes tummy rubs (for your dog!). Please keep all dogs outside - the meditation will be in the backyard - to avoid too much confusion in the store.

Introduction to Birth Animals & Journey to Meet Your Power Animal

Date: June 28, 2011

Time: 6:30-8:30pm

Cost: \$45.00

Facilitator: Val Majeau

In this class you will learn your Birth Totem; the Animal Spirit which is the equivalent of the Sun Signs in Astrology. Birth Totem is based on the day and month of our birth. It is believed that the Birth Totem is the Teacher we have chooses to study under in our current incarnation. Power Animals are physical or spiritual manifestations that serve as messengers, guides, healers and protectors. They may be with us for long or short periods of time, for general learning or for a specific purpose. We will be doing a meditation to meet your Power Animal.

**For more information on these or other workshops please
visit our website www.angels-embrace.ca or call us at**

403-982-3003