



ANGELS EMBRACE LTD.

114 Elma Street Okotoks, AB T1S 1J9

Contact: Debbie 403-982-3003 debbie@angels-embrace.ca
Janine 403-982-3003 janine@angels-embrace.ca

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February is the month of planning, and of course love.

This is the month many people watch a ground hog emerge from the earth and tell us if spring is around the corner, or if we have six more weeks of winter. In reality, especially in Canada winter isn't over until after the May long weekend. Yet, we still watch the poor ground hog emerge and hope that maybe this year spring is just around the corner.

*You miss
100% of the
shots you
don't take.*

~Author Wayne Gretzky



Courage does not always roar.
sometimes courage is the quiet voice
at the end of the day saying,

"I WILL TRY AGAIN TOMORROW"

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A Note from Debbie

“Being deeply loved by someone gives you strength while loving someone deeply gives you courage.” - Lao Tzu

Ever hear of the saying ‘the more you know, the less you know.’ The more I learn about the universe I realize how much I really don’t know. And though I truly want the answers to all my questions (which create more questions) I realize my brain cannot analyze the information correctly because all my brain knows is this life. Anything outside of this reality my conscious mind cannot comprehend. Everyone has their own reality; their own truth. My reality is not the same as your reality; so for me to preach my truth to you is not right, and you cannot take my truth as your truth. When someone is telling you their truth, and it doesn’t ring true or you have doubt, that is okay because it is not yours to believe. The information we receive from the Universe depends on our soul’s age and purpose. No one on this planet knows the whole truth; we just get bits and pieces in order to fulfill our purpose. There are a lot of books, teachers, gurus and so called experts. Please remember they are experts in their reality, and maybe not yours. Listen to them, they may have a message for you, but then again they maybe blinding you with smoke so you can’t see your truth.

When I ask the Universe a question they usually give me the same answer, LOVE. We are here at this time to rebuild this planet with love, not fear. There are no dark forces, or an evil group trying to keep us down – that is us with fear in our heart so we can’t move away from a fear based society. Our conscious mind is crammed with history of what happened when we tried to step out, but that is only memories this is now. So make the decision to step into love and that is when you will find your truth.

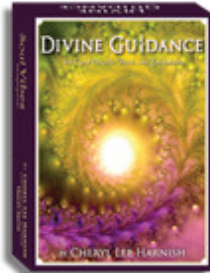
I challenge everyone to do an act of kindness this month of love; and with a small shift in our minds we can make a big shift on this earth. All you have to do is believe in love, and know in your heart that there is only love.



Card of the Month

From Divine Guidance

by Cheryl Lee Harnish



16 ON TARGET

“Keep yourself focused on the outcome, goal, or result that you are aiming for right now. This card has come to you because you may be faltering or questioning yourself. Just let go of your doubts and fears. Your life and your goals are right on target. Keep your intentions clear, stay grounded in your heart and follow whatever intuitive nudging you may feel. Spirit is working with you on an energetic level to help you bring your dreams to fruition.”

You believe you are doing what you are suppose to be doing, and you feel close to your dream. A little more work, and you should be there. Then out of the blue; someone questions or doubts you. Then you doubt yourself. Never let anyone take your power or dreams. It may not be their dreams but they are yours.

You must be true to yourself, trust in yourself, and know where ever you want to go you will get there. Believe in your truth; no one else's. It doesn't matter what they think; it matters what you believe.

Trust yourself and the Universe; you have come this far. Focus on your dream, ask the Angels to take away your doubts and fears, and keep walking because you know you are going in the right direction. When someone pushes you off the path with their ideas, pick yourself up, brush off and continue on your way. The only person who can stop you is yourself.

Don't ever stop believing in yourself.

Crystal of the Month *Lightning Quartz*



“Rare, Powerful and Breaks Fear Based Thoughts”

- Rare stone used in surviving Earth’s changes
- Assists in the recovery from shocks and traumas
- Used to bring the energy of love
- Breaks fear patterns
- Assists in the removal/relocation of poltergeists and spirits who are having difficult in their transition. I provides the message to “go to the light” in an expedient and rapid manner
- Holds knowledge of healing techniques, so when you use it in healing trust it to guide you
- It can focus and transfer the light energy in required direction, not just straight
- Excellent for meditation, connection to the other side, manifesting, and healing
- As the name applies, the quartz has been hit by lightning to give it unique power



Messages from the Otherside

The first name will be for who the message is for, I do make an effort but some come through fuzzy so Jan could be: Jen, Jane, Janet, etc.

- Hazel I know you miss your mother, she is doing great. She worries about you constantly and passes her love to you. She is a place of peace now. Auntie.
- Dan You were my husband, but most of all you were my friend. Take care of the kids and let them remember the happy times we had together as a family. The last years were the worst; no child should have to watch their mother die like that. Thank you for being their strength; and especially mine. Love forever and ever, your bumpkin.
- Mom & Dad Forgive me for hurting you and the family. I just couldn't see past today. I never wanted to let anyone down, I really tried please know that. Know that I am happy and at peace now, and there was nothing you could have said or done to prevent this. I will look after all of you from heaven; know that now I am your little angel in heaven. Ken
- Chris I am sorry for the pain I put you and your mother through. No one should have to watch their parent die like that – it was slow and painful for all of us. I was lucky to have you as a son. I could not be the big strong Dad you looked up to anymore. Please remember the times before the illness not after. I was supposed to help you not the other way around. I ask for your forgiveness, just because I wanted better for you. I love you all equally, and know in your heart that I am happy and safe, and most important at peace. I love you with all my heart, Dad.
- Shirley You were my inspiration and rock. I love you more each day, I am sorry that I had to leave but I know you will be fine without me. As you always said tomorrow is another day, so let's make the best of it. Peter.
- Mike/Michael Bet you miss your old drinking buddy. Shame I had to leave the party but they called my number. Those nights we spent talking about everything and anything – mostly crap, you were my best friend through everything. It is time you appreciate what you have, and use those talents of yours instead of just thinking out it. Get off your butt and start living the life we had planned all those many nights. Got your back, Bud.

Messages in Numbers

One of the ways the Universe/Angels communicate to us is in numbers. It is believed that everything in the world can be broken down into a number – that is how a computer works. Everything in this Universe is a number. When you don't understand what each number means you may miss an opportunity to communicate with the Universe.

Doreen Virtue has a small book out called *Angel Numbers 101*, this will supply you with a message for each number from 0 to 999. The problem with that is you can't always look at a book and sometimes the message doesn't make sense to what you are thinking. I will make this simple for you to receive these messages and understand them. Numerology is basically only 10 numbers 0 to 9. The only numbers you don't add together is double, triple and now quadruplet numbers. I will give you the meaning of each number then the double digits to help you better understand the messages.

Numbers though can mean many things to many people so before you break a number down to one digit; make sure it doesn't have significant meaning as it is. For example when a deceased loved one sends a message that they are around you their birthdate may appear; 0528, meaning May 1928. This message will not be given to you if you don't know off hand their birthday, they will only send it to you if they know you will understand. Sometimes if the person wore a certain jersey number that number will appear to you. Again only if you understand the significance of the number.

If the number doesn't have a significant meaning in itself then it is to be added up to one number. Now that we have a four digit licence plates this will help you understand the message. And remember not every number is a message, but a number that keeps appearing, or some person cuts you off, or is driving slower than the speed limit. That would be a good time to maybe check the number out.

If you see a number that is double, triple or quadruple then do not break it down. For example: 33, 444, 55, etc. If the number is 5566 or 1133, then that is two messages about the same issue you were thinking about. Do not break these numbers down. Also if the number appears 556 read the number as 55 and 6, again you have two messages. The single digit may apply to the situation and sometimes it doesn't. It was more important that you received the 55, because you may also receive 155 in the next instance – that would indicate that the one and six had nothing to do with the message. Other number sequences are attached.

How do you know what numbers have to do with the message? Simple trust your intuition. Remember not every number is a message, and sometimes we receive messages we don't want to hear. For example if you ask the Universe are you going to find a relationship soon, then you spot a 444 (which means be patient now it's not the time) you may discard that answer and not want to see it. Always when receiving messages trust your intuition; it will always guide you to the right place and at the right time.

What the Numbers Mean

Number 0 – You are in sync with the Universe, this is a sign that everything is perfect and that love surrounds you. In that moment you are in the now.

Number 1 - Beginning, New, Focused concentration, Goals should be laid out, Time for Action, Courage, Leadership is needed, Positive thinking. You are embarking on a new project or experience.

Number 2 - Choice, Service, Harmony, Support, Balance, Positive. This could mean you have a choice to make, trust and know what you want; then follow the path. Keep your thoughts positive.

Number 3 - Manifestation, Positive, Optimistic. The answer is yes, you are close to conclusion of the project or experience. Trust your intuition.

Number 4 - Orderly, Patient, Hard-work. The project is not quite complete, there may be a road block in the way. Keep going ahead but be patient.

Number 5 - Adventure, Change, Freedom. Could also mean you need to change your thinking about a project or path. A small adjustment could bring a better outcome to your life/project.

Number 6 - Harmony, love, marriage, family, healing, order, duty.

Number 7 – Truth seeker, Step back, Faith, Hidden secrets, trying too hard to be perfect. Trust that what you need will be revealed.

Number 8 - Achievement, abundance, success, manifestation.

Number 9 - Endings, completion, spiritual healing. You did it, be proud of yourself.



Common Number Sequences

111, 1111 - This sign is used to indicate that your thoughts are related to the start of a new cycle in your life. What you are thinking about doing or changing is correct for the new phase of your life.

222, 2222 - This is a sign of confirmation that you are on the right path, doing the right thing and going in the right direction. Continue with this positive train of thought.

333, 3333 - This sign indicates that your Spirit Guides agree with your thoughts and feelings and could be interpreted as a Cosmic 'Yes!' to questions you have asked or ideas you may have.

444, 4444 - This sign from your Spirit Guides signifies their disagreement with your thoughts and feelings and can be interpreted as a Cosmic 'No!' to questions you have asked or ideas you may have. Also the timing might not be right, be patient.

555, 5555 - When you see this sign a life changing thought or event has just occurred or will occur. You may not like it, or you may. Whatever the case your Spirit Guides are notifying you that a change in your life path direction has just occurred and it is time for you to change too. Move with it, follow these thoughts.

666, 6666 - Your thoughts are out of balance right now, focused too much on the outcome instead of the steps to take you there. Do not leap, take the steps that they have shown you. Be more clear on your outcome, watch your negative thoughts or thoughts of what you don't have.

777, 7777 - This sign indicates that a lesson has been learnt. It is a sign of acknowledgment and achievement - you have learnt a lesson that you needed to learn about your life.

888, 8888 - A phase of your life or an experience is about to end and this is a sign to give you forewarning to prepare. This number sequence may mean you are winding up an emotional, career, or relationship phase. You will receive the abundance you need whether it is love, money, or support. This is an abundant time of your life.

999, 9999 - Completion. This is the end of a big phase in your personal life. Whether you have learned from the experience, gained the knowledge you needed, or have now more information and tools to move forward, this phase of your life is over. It could mean an end to a relationship, job, friendship, or even your thought pattern; either way there is relief not sadness of letting things go.

000, 0000 - Unity with the Universe. Your thoughts are in unity with the Universe. What you have been doing is perfect, keep your thoughts aligned and your life balanced. Since you are attuned to the Universe this is the best time to manifest your hearts desire.

Other Number Sequences

2323, 2332, 2233 - These signs indicate your Guides agreement and support with your train of thought, plans or intended actions. This sign is most often seen after you have established a relationship with your Guides and are open to their guidance via number sequences.

1234, 234, 345- If you are repeatedly seeing ascending number sequences such as 1234, this is a sign from your Guides that these are progressive thoughts. You will see this sign when thinking about an area of your life that you are concerned about and want to change, or thinking about a particular subject. Seeing this number sequence immediately after these thoughts is a sign that your thoughts are progressive; your life will progress by following these thoughts and you will have your Guides support in its pursuit.

321, 4321 - If you are repeatedly seeing descending number sequences such as 321, this is a sign from your Guides that your thoughts are regressive. You will see this sign when you are thinking about an area of your life, course of action or subject. Seeing this number sequence immediately after such thoughts is an indication that your life will take a step backwards if you follow the course of action you are considering or continuing with such a train of thought.



Workshops for February 2012

We have so many great workshops coming this Winter – too many to list on this page. Please go to our website or drop in the shop and get a brochure.

<i>February 7-21</i>	<i>Free 15 minute readings by Janine (appt. only)</i>
<i>February 16</i>	<i>Introduction to Ceremony by Sandra</i>
<i>February 20</i>	<i>Guided Visualization by Cheryl Traxler</i>
<i>February 25</i>	<i>Mini Sound Sessions by Char</i>
<i>February 25</i>	<i>Spirit Readings & Healings by Shahana</i>
<i>February 26</i>	<i>Mini Raindrop Sessions by Shannon</i>
<i>February 27</i>	<i>Reiki Share with Christina Workman</i>

Starting February 9; every Thursday and Friday from 2:00pm to 8:00pm we have Nicole doing readings and healings. She also does soul paintings.

HOURS

<i>Monday</i>	<i>10:00am to 5:00pm</i>
<i>Tuesday to Wednesday</i>	<i>10:00am to 5:30pm</i>
<i>Thursday & Friday</i>	<i>10:00am to 8:00pm</i>
<i>Saturday</i>	<i>10:00am to 5:00pm</i>
<i>Sunday</i>	<i>12:00pm to 4:00pm</i>



For more information on these or other workshops please visit our website www.angels-embrace.ca or call us at 403-982-3003